'THE COMMPOST' NEWSLETTER

CLINTON COUNTY MASTER GARDENER VOLUNTEERS

THE OHIO STATE UNIVERSITY
COLLEGE OF FOOD, AGRICULTURAL, AND ENVIRONMENTAL SCIENCES

Nov + Dec 2020

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Next *COMMPOST*
Deadline: December 21, 2020

Please submit items in MS Word Format to Nicole Alexander at:
nicolejanealexander@gmail.com

MARK YOU CALENDAR:

** **Due to the Covid-19 restrictions, all meetings and gathering have been cancelled until further notice.**

**** Remember to keep your MGV hours updated for Judy**

(Haiku)

THE AUTUMN ARRIVES PROMISING NEW LIFE, AMIDST THE DRAMA OF DEATH

BY JEAN AKED

All educational programs conducted by Ohio State University Extension are available to clientele on a nondiscriminatory basis without regard to race, color, creed, religion, sexual orientation, national origin, gender, age, and disability or Vietnam- era veteran statue.

Tony Nye, OSU Extension Educator

HAPPY HALLOWEEN!!!
I hope everyone is doing well. It appears the Covid situation is not going away and the rise in Ohio has many concerned again about gatherings.
I am trying to figure out what is our best way to get some Master Gardener planning into motion. As I get a better handle on our best options for us to move forward, I will let everyone know. I still think meeting in person will be our best option I just need to know from all of you if I go through the necessary paperwork to have a meeting will you come and participate. PLEASE LET ME KNOW BY EMAIL OR PHONE!!!

In other matters, I have gotten lots of calls on insects recently as well as soil testing for lawns and gardens. I am also concerned about our trees possibly going through a harsh winter. I feel our trees are somewhat stressed and a harsh Winter could be damaging to our trees into 2021 and maybe longer-term effects will be seen into 2022.
If anyone would like some credit to help me with this, I would like to prepare some information about tree care and getting them ready for the winter months. It has been a fairly dry year and we certainly have not had adequate rain to recharge the soils at this time.
So, while our weather is cooperating, people still have time to care for their landscape and trees before winter sets in.
If we get some information put together, we could post to our FB page and we can include in my weekly news column and put it on our Extension website.

Finally, we are in the office Monday through Thursday 8:30 to 4:30 pm. We do not all come to the office at the same time and so I usually come in from Noon to 4:00 pm on these days. To be sure send me an email or call ahead before coming into the office.

As always, Thanks for all you have done, and I look forward to seeing all your smiling faces soon.
Sincerely

Tony

From Jeff Drapalik, President

The yellow, orange, and red leaves were more brilliant this fall compared to other years. The many sunny days we experienced seemed to highlight the colors. Also, I noticed the smell of the leaves as they lay on the ground and dried. It was a familiar smell that lasted a week or so.
The last tomatoes were picked, vines pulled, and the stakes stored. There were a couple of rows of beans flowering. The garden fence was taken down. That night the deer enjoyed the bean salad bar. They passed on the kale.
I took one sunny, warm afternoon to go to a friend's native wildflower area to pick seeds. The birds were feeding on the flower seeds as the tall grasses flowed with the wind. It was quiet and peaceful as I wandered the paths. I hoped the seeds I picked would enjoy their new home and provide nourishment for the birds, bees, and butterflies.
Enjoy the last remaining leaves.

From Judy Grosvenor, Coordinator

GOODBYE TO 2020

It's hard to believe, but we will be soon putting the year 2020 to bed! And that means there are several chores we need to complete before the end.

Even though we haven't been meeting or doing projects, we are still recording our MG voluntary hours in https://ohio.volunteersystem.org/. As I have shared before, any small projects you have done, any research studies you have explored, any educational virtual zoom programs you have viewed; will count toward your 20 voluntary hours needed.

You would choose the project code: Covid 19 Continuing Ed. in place of service hours on the VMS when recording your hours. I have noted that most of us do not have our hours in place, on the VMS.

I sent an email on 10-8-2020 with a five page attachment, listing a large variety of educational virtual programs you can view for free. Use this, take your pick and view, getting your VMS hours in and recorded in VMS. Please look into this now.

All hours need to be in place by the end of November. And we will also be doing our Re-Certification on VMS site in December, to be completed by Dec. 30. If you have any questions or need help, please call me. I'm not doing anything.

So please help tidy up and get your Volunteer hours in as soon as possible.

We will close this year out and hope to find better adventures in 2021!

MGV OUTREACH AND EDUCATION Video Repository

2020 STATE PROGRAMMING **Use for Continuing Education hours**:

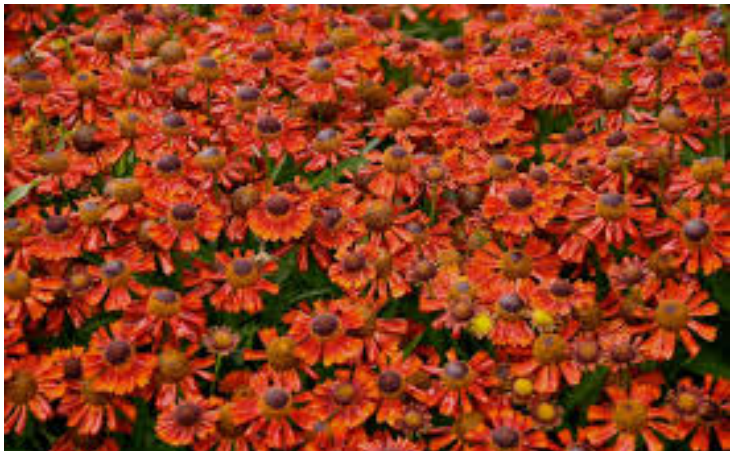
I have gotten a couple requests for content so I will share some webinar links that you can share with any MGV's that may need to complete some socially distanced CE. -Judy G.

All webinars are hosted. Please go to: Growing Franklin

- Introduction to Seed Starting Video – basic technique for seed starting in short form ideal for phone, tablet or social share
- Seed Starting Problems to Watch For – seedling problems common for beginning seed starters
- Potting Up Transplants Video – short video to demonstrate potting up technique

- Time to Start Planting Spring Veggie Seeds Outside – spring planting guide for growers
- Now is the Time to Start Summer Transplants – summer growing guide for transplants
- Seed Starting Virtual Class Event – Video of a recorded webinar demonstrating seed starting technique and materials needed
- Spring Garden Planning Virtual Class Event -Video – great introductory video of a recorded webinar designed to assist beginners to intermediate growers get started in gardening.
- No Garden? No Problem! Container Gardening Basics – informative article walking new growers through the basics of container gardening, plus as a supplement to the webinar below
- No Garden? No Problem Container Gardening webinar – recorded virtual class event detailing how to grow vegetables, fruit and herbs in containers
- Starting Fall Seeds Indoors – planting timeline for when to get seeds started both indoors as well as outdoors for fall harvest
- Tomatoes 101 Webinar Recording - the basics of tomato growing, fertility, maintenance and disease prevention.
- Composting Virtual Class Event Webinar Recording – the basics of getting started with composting and building organic matter
- Planning and Planting Start Now for your Fall Garden Harvest – informative article
- Season Extension Using Shade Cloth for Cool Season Plants – informative article
- Growing Spinach Over Winter Using Low Tunnels and Season Extension – hybrid article with embedded time lapsed videos to chart spinach progress over winter.
- Early Spring Planting Guide – weather update dependent planting guide (2019)
- What to Plant Now for Your Fall Garden Webinar Recording
- Summer Garden Walk Virtual Class Webinar @ Family Farms
- Talking Tomatoes and Panzanella – garden/cooking class with OSUMC James Mobile Educational Kitchen
- Pests in the Garden Webinar Recording – Integrated Pest Management technique designed for beginning to intermediate growers.

Additional - Backyard Poultry Production – introduction to raising poultry recorded webinar including links to supportive fact sheets as well as the Vet school list of vets who will treat poultry in Ohio.



Breast Cancer Awareness Month: Plants Help Us Heal

2020 has been a powerful reminder that we are all in this together, and our choices and actions have the power to protect the most vulnerable among us in a big way. With October being Breast Cancer Awareness month, there is no better time to highlight the benefits of plants and the relationship they have with our health.

Please share **#PlantsDoThat Inside Where We Heal**, an infographic developed by the National Initiative for Consumer Horticulture (NICH) that spotlights the importance of plants in doctor's offices and clinics, hospitals and other recuperative environments. This free infographic is a great tool to raise awareness of the power of plants for our health and wellness.

Research has proven that plants help us heal. Want to shorten the stay in the hospital and heal quicker? "Patients spend less time in recovery and go home faster when there are plants in the room," says Dr. Charles Hall, Ellison Chair, Texas A&M. Plants viewed through the window or on the wall in a picture also help.

Just looking at pots of flowers and plants make people more relaxed and aware. A study of EEG (electrical brain activity) measurements shows more relaxation when viewing greenery compared to looking at a concrete structure.

Other positive effects of plants to help us heal include:

- Reducing stress and lowering blood pressure;
- Helping new breast cancer patients better tolerate their diagnosis and treatment;
- Reducing the amount of pain relievers taken after surgery; and
- Decreasing time patients spend in recovery, allowing them to go home sooner.

This infographic and others developed by NICH Committees use data gathered from research publications, extension publications, government organization outputs, and resource websites. Each infographic was developed by committee members specializing within the topic area and familiar with the research that most impacts consumers.

The National Initiative for Consumer Horticulture (NICH) is a consortium of industry leaders who are promoting the benefits and value of horticulture. NICH brings together academia, government, industry, and nonprofits to cultivate the growth and development of a healthy world through landscapes, gardens and plants – indoors and out. The Mission of the National Initiative for Consumer Horticulture is to grow a healthy world through the art, science and business of plants, gardens and landscapes.

Clinton County MG 2020 Meeting Dates:

Starting in March 2020 we will begin meeting on the 3rd Thursday of the month. All regular meetings begin at 6:30 pm. (Meetings currently postponed due to Covid-19)

Minutes: *Clinton County Master Gardeners Association.* In Attendance: No new minutes to report. Meetings cancelled due to COVID-19

Hours Needed for Interns:	50 Hours total 1st year
Hours needed for established MGV:	20 Volunteer Hours per year
Continuing Education Hours:	10 Continuing Education Hours per year

Interesting State MG websites:

The Farm Science Review Sept 22-24, 2020	fsr.osu.edu/home https://www.facebook.com/FarmScienceReview/
The Ohio Invasive Plants Council (OIPC)	www.oipc.info
Ohio State MGV website:	mastergardener.osu.edu/home
Ohio MG Volunteer system sign in:	https://ohio.volunteersystem.org
OSUE's 'Buckeye Yard and Garden "BYGL"	http://bygl.osu.edu/ and http://vegnet.osu.edu

Join us at https://www.facebook.com/clintoncountymastergardeners

To learn more about pollinators and pollinator plants, consult these resources:
Xerces Society for Invertebrate Conservation: **xerces.org**
The Ohio State University Bee Lab: **beelab.osu.edu**

Clinton County 2020 MG Projects:

We have a list of current Master Gardener Projects that we participate in every year. Some of the projects we carry from year to year. Some are one and done, as in being a speaker for a group or presenting an community educational program. In establishing projects, we view:

Goals - what are we hoping to accomplish.
Objective - precise outcomes that can be measured to support the goals
(Specific, Measurable, Achievable, Relevant, and Time-bound)
Description - establish need and benefits, being realistic, clearly identify the focus and evaluation.

We plan our projects to educate, benefit and enhance the community. Please view the list of projects and choose several that interest you or will help you grow as a Master Gardener. We welcome new ideas. Many hands and good companionship will accomplish much.

Annual Plant Sale + Educational Classes

- ✓ Fund Raiser
- ✓ 2nd Saturday of May each year 5-9-2020 (Cancelled this year)
- ✓ Set up + sale of vegetable and flowers to the public
- ✓ Present one-hour educational programs for the public

Pollinator Acre

- ✓ New 2020 project – headed by Jeff Drapalik
- ✓ Acreage tilled, planted and maintained

Community Pollinator Educational Program

- ✓ Pollinator week: June 14th – 19th (Cancelled this year)
- ✓ Usually children oriented
- ✓ Educational to raise awareness of need of pollinators

Backyard Food Demo Garden @ Denver Park, by walk path. Contact: Debbie or Judy

- ✓ Permanent food demo site at park
- ✓ Show what perennial food can be grown in home backyards
- ✓ Set up educational programming

WIC garden at extension office. Contact Jeff

- ✓ Work with the WIC office program
- ✓ Education of growing food for families

Master Gardener booth Contact Judy

- ✓ Once or twice a month table at the Farmers Market, to meet public/answer questions.
- ✓ Project to make public aware of MG

Chad Mason's Youth Summer Program and Gardens:

- ✓ Chad Mason's Juvenile Youth Program
- ✓ Cover 6 weeks of 1-hour programs on food and gardening

Habitat for Humanity: Contact Judy or Nicole

- ✓ Project we have supported for 11 plus years with Habitat
- ✓ Design Front Landscapes, purchase plants and set workday to install them.
- ✓ Present educational on home care of landscape

Planting two urns @ Denver Park entrance. Contact: Judy

- ✓ Seasonal 4 times year
- ✓ We purchased and donated the urns, keep them planted, seasonal

Elementary School Sensory Garden Contact: Beverly

Work in office: as asked by Tony/ and hotline questions from public.

Master Gardener Program
OSU Extension
Mission:

The Ohio State University Extension Master Gardener Program provides knowledge to and develops the leadership abilities of volunteers who, in turn, enable others to improve the quality of their lives by enhancing their home and community environments through horticultural education and activities.