

# Fairfield County Junior 4-H Camp June 26-June 29

OSU Extension  
Fairfield County  
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June 2012



## Hollow Gone Global



Junior Camp (age 8-10)

**Welcome 4-H Campers—You are Registered!!!**

We are so excited to see your name on the list of those attending camp with us at Tar Hollow this summer! We know that you will find 4-H camping to be an exciting adventure. Camp is a place where you can get involved in many activities, explore the outdoors, meet new friends and have lots of fun. What's next? You'll want to READ THIS LETTER to get lots of information including Camp Basics, Camper Rules, and a "Stuff to Bring" Packing List. Next, start gathering your camp items and gear up for good times! And as always, if you have any additional questions about camp, just give us a call at 740-653-5419. We look forward to seeing you at 4-H Camp!

*Hannah Kohler*

Hannah Kohler  
Extension Educator, 4-H Youth Development

*Sue Suttles*

Sue Suttles  
Program Assistant, 4-H Youth Development

### The Basics—(REQUIRED) Important Stuff to Know!

#### CHECK IN

- 1) **CHECK IN 3:30-4:30 p.m.** When you arrive at camp, go immediately to the main lodge to register, receive your cabin assignment, and be directed to further stations. Supervision at camp is not available until 15 minutes prior to the start of registration, please plan to arrive accordingly.

#### CAMP DISMISSAL

- 1) **CHECK OUT** at 10:00 a.m. Please do not arrive more than 15 minutes early—campers and staff will not be ready to leave!
- 2) **WAIT OUTSIDE.** (NOTE THIS WAS NEW IN 2010!) When all campers are accounted for (off the hills and inside the Lodge), then parents will enter the Lodge, SIGN OUT their camper, and then see a counselor to get their camper and belongings. Be sure to double check your possessions when you leave camp. Lost items are hard to match to their owners. You are responsible for your possessions. We ask that you do not bring expensive or valuable items to camp.

#### HEALTH STATEMENT

Please fill out the enclosed Health Statement & bring to registration at camp. Notice a picture needs to be attached to the form. This is for identification purposes only and will not be publicized anywhere.

Any medication brought to camp must be given to the camp nurse at registration & be administered by the nurse daily or as required. Medication must be brought in it's original container with the drug label intact. Please place medication in a Ziploc bag with directions for the medication along with an additional picture stapled to the front. Make sure all medication has the name of the camper on it! If there is a chronic or major health concern, please contact the office PRIOR TO CAMP, so we can plan accordingly!



#### TRANSPORTATION & CAMPER RESTRICTED/EARLY RELEASE

- 1) Parents are responsible for camper's transportation to & from camp. Car pools might be arranged by talking with your other club members. Included in this letter is a map to assist you in finding the camp.
- 2) If you need to restrict who picks up your child, OR a camper must leave earlier than the stated release time, you MUST complete and sign a Release Form and give it to us at check in. Forms are available in the office or [fairfield.osu.edu](http://fairfield.osu.edu); click 4-H; Camp.



Over Please →

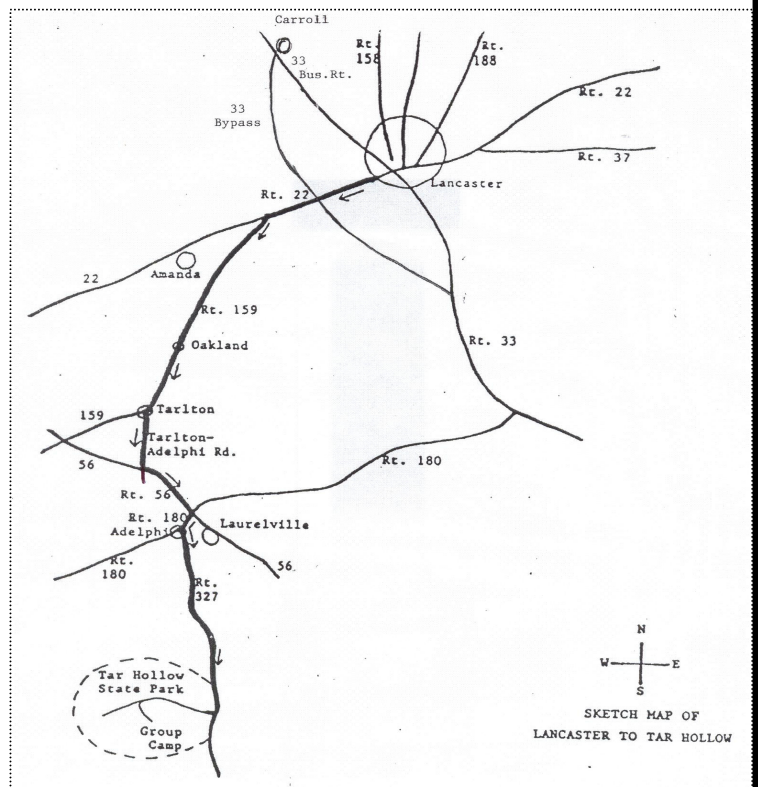
## HOW TO GET TO CAMP

- GPS WILL NOT TAKE YOU TO THE CORRECT PLACE, AS THE MAIL IS DELIVERED TO ANOTHER LOCATION!
- From Lancaster, take US Rt. 22 West
- Turn South (left) on SR 159, take through Oakland & Tarlton
- Turn East (left) on SR 56 towards Laurelville
- Head South (turn right) on 180, BEFORE you get to Laurelville
- Go straight through the stop sign at Adelphi, which will be SR 327
- Stay on SR 327 until you come to the really big "Tar Hollow State Park" sign
- Turn Right at the "Tar Hollow State Park" sign
- After entering the Park, follow the signs marked "RESIDENT CAMP" & watch for the 4-H signs

## While at Camp

### YOU GOT MAIL

Tar Hollow Resident Camp  
16396 Tar Hollow Road  
Laurelville, Ohio 43135



### VISITORS

Parents & family are welcome to look around when bringing their 4-H'er to camp. However, while the camp is in progress, there will be **NO PERSONAL VISITORS** since this disrupts the camp schedule and can make both the campers and parents homesick.

### TELEPHONES

There is no phone available for camper use. The phone is for staff use only and restricted to emergency or approved camp business. If there is an emergency and the camper needs to be contacted by telephone, the camp office number is 740-887-3465 (Chillicothe). This is a pay phone in the lodge. Please let the phone ring several times because it may take staff a little time to hear it ring and get to the phone.



Keep cell phones at home. In order to get a feel for the entire camping experience, these are not necessary or permitted (there won't be reception at camp, anyway!) If you want an alarm clock, bring one to use instead of a cell phone. If you want to take pictures, bring a disposable camera.

### CAMP FEE AND ADDITIONAL COSTS

Your camp fee paid with your enrollment entitles you to all camp privileges, meals, lodging, activities, health insurance, etc.

#### Additional Costs



- o A full color **CAMP PICTURE** will be taken and available at a cost of \$8.50 per picture. Pictures are pre-pay only; the last opportunity to order is at registration.
- o **CANTEEN** will usually be open in the evening selling various soft drinks and snacks (50¢ to \$2.00), Miscellaneous Items (\$1 - \$5) including toothbrush, flashlight, batteries, etc., and Camp Apparel (varies to \$15) T-shirt & shorts with camp logo
- o **CRAFTS** (50¢ to \$5.00)

### CAMP BANK

The camp staff offers an opportunity for campers to deposit money at check-in and draw it out as they want to help eliminate lost or misplaced money. The camp bank will be open at set times throughout camp. This money can be used for crafts, snacks, or souvenirs. At the end of camp, all accounts will close and campers will receive any money left. If possible, PLEASE BRING MONEY IN \$1, \$5, or \$10 bills; as the camp often does not have change! Staff is not responsible for how camper spends his/her money, we just watch over it.

## Other Important Information

### SPECIAL THINGS TO BRING TO CAMP

The items listed below are things that you are asked to bring to camp. Below in this letter you will find a camp checklist with more suggestions for what to pack.

- White t-shirt and \$5 (if you would like to Tye Dye)
- Items to donate to local food pantries. (Counselors are planning to reflect on how many individuals in America & other countries do not have enough food.) Suggested items include: Low-sodium items, diapers (all sizes), toothpaste & toothbrushes, coffee in 1 & 2 pound cans, powdered drink mix with sugar, tea bags-individually wrapped, canned fruits & vegetables, jelly, pasta or rice side-dishes, ketchup, mustard, or mayonnaise.

### STUFF TO BRING TO CAMP—CHECKLIST

- **SHOES**— *must be worn at all times*  
**TENNIS SHOES must be worn around camp!** bring 2-3 pairs because shoes do get wet. Shoes must be worn at all times! No sandals, no open-toes, no high heels. Flip-flops are allowed ONLY in the shower!
- **CLOTHING**— have your name on it! Wear what you like best for play. Pack for 4 days, with some extras in case they get wet, dirty, etc. Clothes will get dirty and/or wet.
  - Shorts
  - Jeans / long pants
  - T-shirts, tops
  - Pajamas
  - Jacket or sweatshirt (evenings can get chilly!)
  - Raincoat & Rain gear (wet weather clothes)
  - Underclothes
  - Extra socks
  - Swimsuit & towel
  - Clothing, hats, etc. to fit your camp theme, if you like
  - NO inappropriate clothing. NO midriffs/ backs or undergarments should be showing.
- **BEDDING**—nights can get cool even in hot weather.
  - Fitted twin sheet for your mattress
  - Sleeping bag or blankets & twin sheets (bed & mattresses are furnished)
  - Pillow
- **TOILET ARTICLES**
  - Soap, shampoo
  - Towels, wash cloths
  - Toothbrush & toothpaste
  - Deodorant
  - Shower shoes / or flip flops for shower house
- **LARGE PLASTIC TRASH BAG** for wet clothes—have name on it, use masking tape or marker
- **NON AEROSOL INSECT REPELLENT & SUN-SCREEN**, if desired
- **FLASHLIGHT** (extra batteries, if desired)
- **SPENDING MONEY FOR SNACKS AND CRAFTS**
- **HEALTH FORM** and medication in original container with the drug label intact. Please place medication in a plastic baggie with directions for the medication along with an additional picture stapled to the front. Make sure all medication has the name of the camper on it! (Have this accessible to turn into the nurse at registration)
- **4-H CAMP PERMISSION FORM**
- **A SMILE**

### **Please DO NOT Bring to Camp:**

- Electronic devices (virtual pets, hand games, refrigerator, television, radio, pagers, cellular phones, etc.)
- Flammable Bug Repellent
- Fireworks, alcohol, drugs, tobacco, firearms (STATE LAW prohibits these items)
- Anything you would be upset if it gets lost, damaged or dirty

### **HINTS FOR PACKING**

- ✓ Put Camper's name on everything!!
- ✓ Pack light! Remember, on the last day campers must carry everything back down the hills by themselves and it gets tiring!
- ✓ Duffel bags, backpacks or small suitcases are recommended. Footlockers & trunks are too heavy for campers to carry back down the hills.
- ✓ You are responsible for your own things!
- ✓ DO NOT bring expensive, valuable items or 'good' clothing. This is camp.
- ✓ Be sure to double check your possessions before leaving camp! Items that are left behind or lost at camp are hard to match to their owners.

*Whew!!* Keep in mind—

At check in, campers can have help hauling stuff up to their cabins;  
BUT ~  
on the last day campers MUST carry everything back down the hills by themselves!



## Other Important Information (Continued)

### RULES AND REGULATIONS

All campers are expected to abide by the rules as established by the staff. The enclosed permission form lists the camp rules and expectations. Please sign the form and turn it in at registration. *The camp staff reserves the right to dismiss from camp any camper breaking camp rules. **STATE LAW PROHIBITS** possession of fireworks, alcohol, drugs, firearms, and prohibits fire of any type on the hills where campers sleep.*



### CAMP STAFF

Permanent staff, under the director of our county staff, include a nurse, camp manager, recreation director, lifeguard, waterfront director, crafts director, canteen manager, naturalist, & kitchen staff. Each cabin is supervised by a trained counselor; adult volunteers supervise each hill of cabins.

### HOW PARENTS CAN HELP PREPARE FOR CAMP

In some cases 4-H camp is the first time that a young person is away from home to learn responsibility as well as independence. There are several things that campers & parents can do to prepare for camp.



- Make a bed. Each camper will be asked to help clean their cabin including making their bed.
- Make the right food choices. Kids at camp are offered several nutritious food choices. Encourage your child to make responsible choices by choosing to eat at mealtimes.
- Take a shower. Campers are known to sometimes neglect issues of personal hygiene. Daily showers, tooth brushing and deodorant are sometimes things that are overlooked during the morning rush to breakfast. Make sure your child knows proper hygiene. One thing you might want to discuss is swimming in the lake is not a substitute for a shower!
- Help spot poison ivy/poison oak. If it is green and has three leaves, stay away from it. Wash with soap and water immediately after coming in contact with something suspicious.
- Find help when needed. No matter where a child may be, they need to know how to find help. Teach your child how to locate a trustworthy adult. Reassure them that it is alright to ask for assistance in an uncomfortable situation or when they have a problem. Camp Counselors, Hill Supervisors, Camp Staff, County staff & the Camp Director are all on hand to help if the need arises.

## **Junior Camp**

**ages 8-10**

*"Hollow Gone Global"*

**Check in: June 26 at 3:30 pm**

**Check out: June 29 at 10:00 am**

**Parents,  
please Do Not arrive more  
than 15 minutes before  
check-in or check-out !**

**You will be able to purchase a CD  
of the slideshow of pictures taken  
during camp at the Extension Office  
the day following camp for \$5**



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Keith L. Smith, Associate Vice President for Agricultural Administration; Associate Dean, College of Food, Agricultural, and Environmental Sciences; Director, Ohio State University Extension; and Gist Chair in Extension Education and Leadership.

For Deaf and Hard of Hearing, please contact Fairfield County Extension using your preferred communication (e-mail, relay services, or video relay services). Phone 1-800-750-0750 between 8 a.m. and 5 p.m. EST Monday through Friday. Inform the operator to dial 740-653-5419.